



## Mental Health Adult Counsellor

FT Contract Role – until March 31<sup>st</sup>, 2027

Location: Hamilton, Ont.

### INTRODUCTION:

The Adult Counsellor, Mental Health Services, provides counselling sessions and group counselling opportunities to clients of DAHC. Ideally, the candidate for this position would also be comfortable supporting with substance use goals for clients who identify this as a need.

### REQUIRED KNOWLEDGE, SKILLS AND ABILITIES:

- Knowledge and ability to integrate wholistic, strength and evidence-based practice into the planning and evaluation of client and program intervention from a trauma informed lens
- Knowledge of Indigenous cultures, customs and traditions.
- Knowledge of history of colonization and intergenerational traumas impacting the health and wellness of Indigenous Peoples.
- Knowledge of mental health and addictions counselling models, techniques, modalities and approaches.
- Knowledge of tools, systems and databases used in client services delivery and case management.
- Knowledge and understanding of pathways of care for various mental health and addictions issues.
- Possess self-awareness and engages in self-care techniques.
- Possess excellent time management, organization, and communication skills

### STATEMENT OF QUALIFICATIONS:

- Post secondary degree in social work, psychotherapy or related field – Master's Degree Preferred

*In addition to requirements for the position, the ideal candidate would also possess some of the following qualifications:*

- 1+ years' experience working with individuals with complex needs
- Experience working with and extensive knowledge of Indigenous Peoples language, culture, customs, and traditions.

### **INTERESTED APPLICANTS**

Please submit your resume and cover letter to: [humanresources@dahac.ca](mailto:humanresources@dahac.ca) by June 19<sup>th</sup>, 2026.

Nya:weh / Miigwetch to all applicants. Only those selected for interviews will be contacted

Please note that **ONLY** complete applications with cover letter will be considered.

***Preference is given to candidates of Indigenous Decent.***

**100% Organization Paid Benefits**

- Health Benefits
- Employee Life AD&D Insurance
- Business Travel Life and Disability Insurance
- Dependent Life Insurance
- Employee Critical Illness Insurance
- Travel Accident Insurance
- Long Term (LTD) Benefit

**Retirement Benefits**

- Hospitals of Ontario Pension Plan (HOOP) with Immediate Eligibility

**Other Benefits**

- 3 weeks' Vacation (to start) annually
- 12 Personal Days annually